

#### JULY-AUGUST VOLUME - 8



## AKASHVANI

THE OFFICIAL E-NEWSLETTER OF AIMSRC

#### EDITOR'S CHOICE

The latest NMC regulation released on August 2nd 2023, named "The Registered Medical Practitioner (Professional Conduct) Regulations, 2023 stated that all doctors must prescribe generic drugs instead of branded drugs and those failing to do so will be penalised and their licence to practice would be suspended for a period of time.

This regulation raised several concerns among all doctors. Several practitioners have experienced poor response of patients to generic drugs. Those on long term medication for chronic diseases have shown reduced control of the disease (Diabetes and Hypertension to name a few) after being switched to generic drugs. Due to these observations, a question arises about the quality of these drugs.

Due to the importance of effectiveness of any drug in the management of a disease, such regulations should not be put in place unless there is regular Quality Assurance checks that are made for the quality of the drugs and the safety of the additives and adjuvants present in the generic drugs. Unless these drugs can be tested and certified to be of equal quality as of branded drugs, it would be best in the interest of the community and general population as a whole, to avoid such regulations from being applied.

Due to this, the regulation met with a heavy backlash from all practitioners and the Indian Medical Association (IMA) along with the Indian Pharmaceutical Alliance met the Union Health Minister, Mr. Mansukh Mandaviya, and expressed their concerns regarding the quality of the generic drugs. Due to the intervention of the IMA, the NMC has officially put the regulation on hold till further notice.

- Dr.Sunil Kumar





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### INDEPENDENCE DAY CELEBRATION AT AIMS&RC









77 years of learning, growing, and celebrating our nation's Independence Day together at Akash Institute of Medical Sciences and Research Centre and Akash Hospital. Independence Day was celebrated by hoisting the national flag in the premises, led by our Chairman, Sree Muniraju K, and Vice Chairman, Sree Amar Gowda.









On the occasion of Founder's Day, celebrated on 28th June 2023, a special event was organized to commemorate the day. The event was marked by the celebration of Sree Muniraju K's birthday, who serves as the Chairman of the institution.

During the event, Sree Muniraju K delivered a heartfelt speech to the gathered audience. In his speech, he emphasized the importance of unity and solidarity within the institution. He laid stress on the need for all members of the institution to come together as one cohesive team to achieve its goals and maintain its success.

Sree Muniraju K expressed his gratitude to everyone who has contributed to the institution's success over the years. He acknowledged the hard work and dedication of the staff, faculty, students, and all stakeholders who have played a role in making the institution what it is today.

He encouraged everyone to continue their efforts and commitment to the institute's mission and vision. He emphasized that it is through collective effort and a shared sense of purpose that the institute can continue to thrive and grow.







The Founder's Day event, which also doubled as Sree Muniraju K's birthday celebration, was a meaningful occasion to reflect on the institution's journey and renew the commitment to its future success.

To celebrate our diverse heritage and traditions that have shaped the organization, we organize cultural events, festivals, and exhibitions.

We host cultural performances, music, and dance shows that reflect our organization's rich heritage and culture.

We extend our heartfelt thanks to all attendees for being a part of this special occasion, including Chairperson Mrs. Pushpa Muniraju, Vice Chairman Sree Amar Gowda & Sree Akash Gowda, Dr. Naresh Shetty (CEO), Dr. Shivaprakash N C (Dean & Principal Aimsrc), Dr. Brijesh (Medical Superintendent AH), Dr. Preetham R P (Principal Nursing), Dr. Roopa Lokesh (Principal Physiotherapy), and all students and faculty.





### MEDIA SENSITIZATION BY DR. BRIJESH K, M.S, AKASH HOSPITAL:



### ಬಡವರ ಸಂಜೀವಿನಿ ಆಕಾಶ್ ಆಸ್ಪತ್ರೆ

### 



ಬೆಂಗಳೂರು: ಬೆಂಗಳೂರಿನಿಂದ ಕೂಗಳತೆ ದೂರದಲ್ಲಿರುವ ದೇವನಹಳ್ಳಿಯಲ್ಲಿ ತಲೆಎತ್ತಿರುವ ಆಕಾಶ ಆಸ್ಪತ್ರೆಯು ಗ್ರಾಮೀಣ ಬಡಜನರಿಗೆ ಕೈಗೆಟುವ ಮತ್ತು ಉಚಿತ ವೈದ್ಯಕೀಯ ಸೌಲಭ್ಯ ಕಲ್ಪಿಸುವ ಮೂಲಕ ಸಂಜೀವಿನಿಯಾಗಿದೆ.

ಆಸ್ಪತ್ರೆ 2013ರಲ್ಲಿ ಪ್ರಾರಂಭವಾಗಿ, 10 ವರ್ಷವಾಗಿದೆ. ಸುಮಾರು 800 ಬೆಡ್ಗಳ ಮಲ್ಟಿಸ್ಪೆಷಾಲಿಟಿ ಆಸ್ಪತ್ರೆಯಾಗಿದ್ದು ವೈದ್ಯಕೀಯ ಹೈಟಿಕ್ ಸೌಲಭ್ಯಗಳನ್ನು ಹೊಂದಿದೆ. ದಂತ ಚಿಕಿತ್ಸೆ, ಚರ್ಮರೋಗ ಚಿಕಿತ್ಸೆ, ಕೂದಲು ಟ್ರಾನ್ಸ್ ಪಲ್ಟೇಷನ್, ನ್ಯೂರೋಲಜಿ, ಮಕ್ಕಳ ಶಸ್ತಚಿಕಿತ್ಸೆ, ಪ್ಲಾಸ್ಟಿಕ್ ಸರ್ಜರಿ, ಕ್ಯಾನ್ಸರ್ ಸೇರಿದಂತೆ ಕಿಮೋ ಥೆರಪಿ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆ ಸೇರಿದಂತೆ ಸಾಮಾನ್ಯ ಚಿಕಿತ್ಸೆಗೆ ಬೆಡ್, ಫುಡ್, ವೈದ್ಯಕೀಯ ಸೌಲಭ್ಯ ಸಂಪೂರ್ಣವಾಗಿ ಉಚಿತವಾಗಿದೆ.

ದಿನದ 24 ಗಂಟೆಗಳ ತುರ್ತು ಸೇವೆ ದೊರೆಯಲಿದ್ದು ಎನ್ಐಸಿಯು ಘಟಕ ಹೊಂದಿದೆ. ಒಂದು ತಿಂಗಳ ಒಳಗಿನ ಮಕ್ಕಳಿಗೆ ಡಿಜಿಟಲ್ ಟೆಲಿ ಮೆಡಿಸಿನ್ ಸೌಲಭ್ಯದೊಂದಿಗೆ ಎಲ್ಲಾ ರೀತಿಯಲ್ಲಿ ಸ್ಪಂಧಿಸುವ ನುರಿತ ತಜ್ಜ ವೈದ್ಯರು ಮತ್ತು ಸ್ಟಾಫ್ ನರ್ಸ್ಟ್ ಗಳ ಲಭ್ಯತೆ ಇರುವುದರಿಂದ ಗ್ರಾಮೀಣ ಭಾಗದ ಬಡಜನರಿಗೆ ಈ ಆಸ್ಪತ್ರೆ ವರದಾನವಾಗಿದೆ.

#### ಯೋಜನೆಗಳ ಸೌಲಭ್ಯ

ಇಎಸ್ಐ, ಧರ್ಮಸ್ಥಳ ಸಂಸ್ಥೆ ಕಾರ್ಡ್, ಯಶಸ್ವಿನಿ (ಬಿಪಿಎಲ್), ಕಾರ್ಪೊರೇಟ್ ಇನ್ಯೂರೆನ್ಸ್ ಸಹ ಈ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಸ್ವೀಕರಿಸುತ್ತಿದ್ದು, ಆರೋಗ್ಯ ಸೇವೆ ಪಡೆಯಲು ಆಸ್ಪತ್ರೆ ಬಾಗಿಲು ಸದಾ ತೆರೆದಿರುತ್ತದೆ.

10 ರೂ. ಕಾರ್ಡ್ ಪಡೆದು ನೋಂದಣಿ: ಯಾವುದೇ ತರಹದ ಆಸ್ಪತ್ರೆ ವೈದ್ಯಕೀಯ ಸೇವೆಗೆ ಕೇವಲ 10ರೂ. ಕಾರ್ಡ್ ಪಡೆದು ಜೀವನಪರ್ಯಾಂತ ಗ್ರಾಮೀಣ ಭಾಗದ ಜನತೆ ಇದರ ಸದುಪರ್ಯಗವನ್ನು ಪಡೆದುಕೊಳ್ಳಬಹುದಾಗಿದೆ. ಆಸ್ಪತ್ರೆಯಲ್ಲಿ 800 ಬೆಡ್ಗಳ ವ್ಯವಸ್ಥೆ, 60 ಐಸಿಯು ಬೆಡ್ಗಳು, 30 ವಾರ್ಡ್ಗಳಲ್ಲಿ 1 ವಾರ್ಡ್ ನಲ್ಲಿ ಸುಮಾರು 30 ರೋಗಿಗಳ ವ್ಯವಸ್ಥೆ ಕಲ್ಪಿಸಲಾಗಿದೆ. ತಜ್ಜ ವೈದ್ಯರು 295 ಮತ್ತು ಡಿಗ್ರೂಪ್ 1200 ಸಿಬ್ಬಂದಿಗಳನ್ನು ಹೊಂದಿದೆ.

#### ಸ್ತಿe-ರೋಗಕ್ಕೂ ಉಚಿತ ಸೇವೆ

ಮಹಿಳೆಯರಿಗೆ ಸಂಬಂಧಿಸಿದಂತೆ, ಕಳೆದ 6 ತಿಂಗಳಿನಿಂದ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಉಚಿತ ವೈದ್ಯಕೀಯ ಸೌಲಭ್ಯ ದೊರೆಯುತ್ತಿದ್ದು, ಆದರಲ್ಲಿ ಗರ್ಭೀಣಿಯರಿಗೆ ಸಾಮಾನ್ಯ ಹೆರಿಗೆ/ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಗೆ ಔಷಧಿ ಜತೆಗೆ 14 ಸಾವಿರದ ಕಿಟ್ ಉಚಿತ ಸೇವೆ ದೊರೆಯಲಿದೆ.

#### ಉಚಿತ ಶಿಜರಗಳು

ಪ್ರತಿ ವರ್ಷದಲ್ಲಿ 150ಕ್ಕೂ ಹೆಚ್ಚು ಶಿಬಿರಗಳನ್ನು ಪ್ರತಿ ತಿಂಗಳಿಗೆ 12 ಶಿಬಿರಗಳನ್ನು ಮಾಡಲಾಗಿದೆ. ಕೊರೊನಾ ಸಂದರ್ಭದಲ್ಲಿ ಸುಮಾರು 12000ಕ್ಕೂ ಹೆಚ್ಚು ರೋಗಿಗಳು ಉಚಿತವಾಗಿ ಸೇವೆ ಪಡೆದಿದ್ದು, ಪ್ರಸ್ತುತ ಸಾಲಿನಲ್ಲಿ ತುರ್ತು ಚಿಕಿತ್ಸಾ ಘಟಕವನ್ನು ಪ್ರತ್ಯೇಕವಾಗಿ 24\*7 ಮಾಡಲಾಗಿದೆ.

ಶುರ್ತು ಸೇವೆಗೆ ಆಸ್ಪತ್ರೆಯಿಂದ 2 ಆಂಬುಲೆನ್ಸ್ ಜಾಲ್ತಿಯಲ್ಲಿದೆ. 24/7 ಡಯಾಲಿಸಿಸ್ ಸೇವೆ ಲಭ್ಯವಿರುತ್ತದೆ.

ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಉತ್ತಮ ಸೌಲಭ್ಯ ದೊರೆಯುತ್ತಿದ್ದು ಸಂಸ್ಥಾಪಕ ಮುನಿರಾಜ್ ಅವರ ನೇತೃತ್ವದಲ್ಲಿ ಬಡಜನರಿಗೆ ಹೆಚ್ಚು ಅನುಕೂಲವಾಗಲೆಂಬ ಉದ್ದೇಶದಿಂದ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಶೇ.100ರಷ್ಟು ಉಚಿತ ವೈದ್ಯಕೀಯ ಸೇವೆಗಳನ್ನು ನೀಡಲಾಗುತ್ತಿದೆ. ಮುಂದಿನ ದಿನಗಳಲ್ಲಿ ಮತ್ತಷ್ಟು ಅತ್ಯುತ್ತಮ ಉಪಕರಣಗಳನ್ನು ಅಳವಡಿಸುವುದರ ಮೂಲಕ ಜನರ ಸೇವೆಗೆ ಮುಂದಾಗಲಿದೆ. ಈಗಾಗಲೇ ರಾಜ್ಯದ ವಿವಿಧ ಜಿಲ್ಲೆಗಳಿಂದ ರೋಗಿಗಳು ಚಿಕಿತ್ಸೆಗಾಗಿ ಬಂದು ಉತ್ತಮ ಚಿಕಿತ್ಸೆ ಪಡೆದು ಗುಣಮುಖರಾಗಿ ಹೊರಹೋಗುತ್ತಿದ್ದಾರೆ. ಮಹಿಳೆಯರಿಗೆ ಉಚಿತ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆ, ಮಕ್ಕಳಿಗೆ ತುರ್ತುಘಟಕ ಹೀಗೆ ಹಲವಾರು ಸೌಲಭ್ಯಗಳನ್ನು ನೀಡಲಾಗಿದೆ.

#### ತಜ್ಞ ವೈದ್ಯಲಿಗೆ ಪ್ರಶಸ್ತಿ

ಆಕಾಶ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಅತ್ಯುತ್ತಮ ಸೇವೆ ನೀಡುತ್ತಿರುವ ವೈದ್ಯ ತಜ್ಞರನ್ನು ವಿವಿಧ ಸಂಘ ಸಂಸ್ಥೆಗಳು, ಸಾರ್ವಜನಿಕರು ಸೇರಿದಂತೆ ಹಲವಾರು ವಿವಿಧ ಪ್ರಶಸ್ತಿಗಳನ್ನು ನೀಡಿ ಗೌರವಿಸಿರುವುದು ಆಸ್ಪತ್ರೆಗೆ ಮತ್ತೊಂದು ಗರಿಯನ್ನು ತಂದುಕೊಟ್ಟಿದೆ.





#### DEPARTMENT IN FOCUS:

#### Inauguration of Cosmetology Clinic in AIMSRC on 14th July 2023

The Cosmetology Clinic was inaugurated by our Vice Chairman, Sree Amar Gowda, along with Professor & HOD Dr. Rajesh, Dr. Sudhabanti, and Dr. Srinivas.

At Akash Cosmetology Clinic, we employ cutting-edge technology and modern infrastructure, expertly handled by a dedicated cosmetology team. We offer personalized treatment plans and take a holistic approach, all at a convenient location.









We are committed to providing compassionate, patient-centered care. Our friendly and attentive staff will guide you through every step of your cosmetic journey, ensuring your comfort and satisfaction.

Let us help you embrace your inner and outer radiance. Book your appointment today and re-define your skincare journey at Akash.





#### DEPARTMENT OF DERMATOLOGY:

#### Before

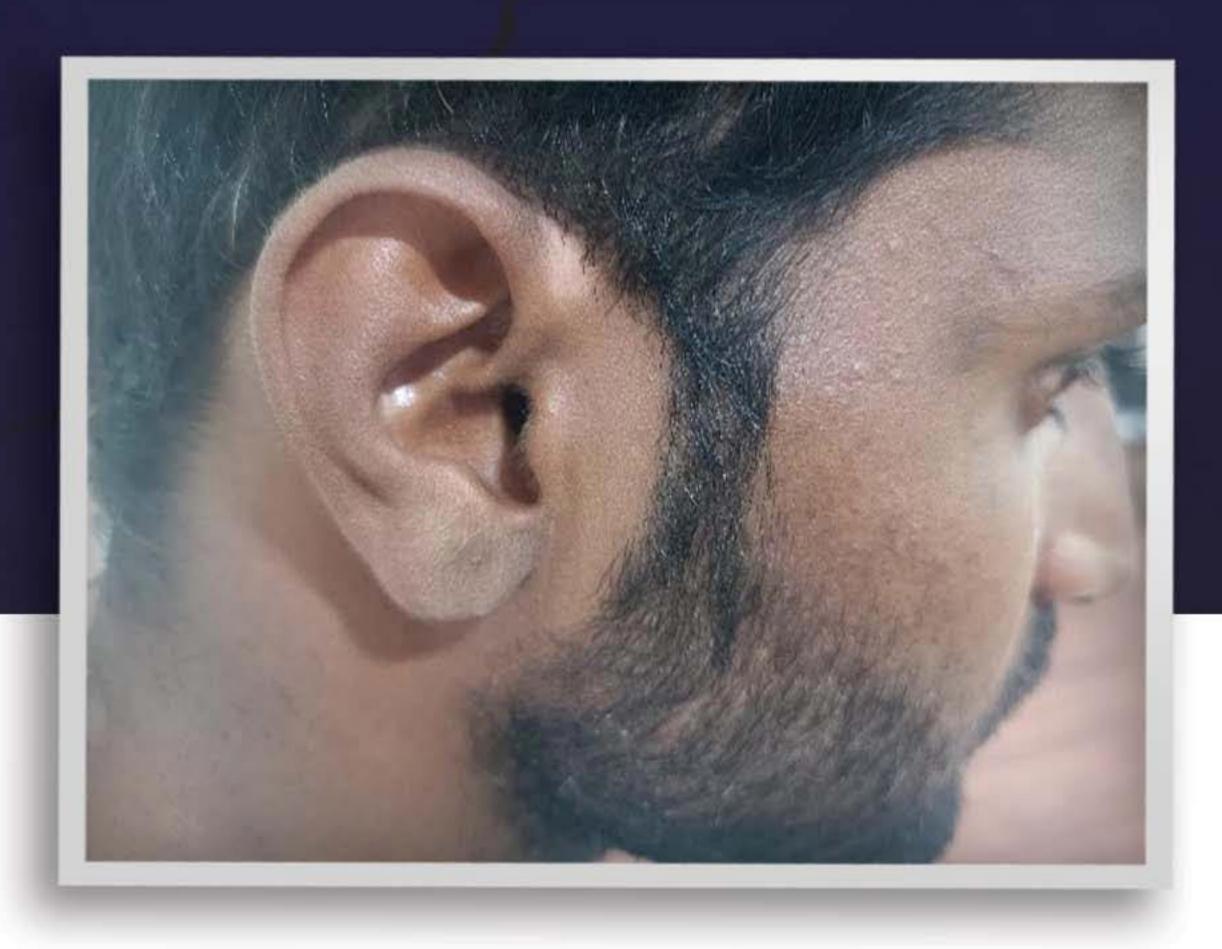


















#### EXCIMER LASER MACHINE

Vitiligo is a condition in which areas of the skin lose their normal pigment and become white. It affects about 1% of the world's population and can occur anywhere on the body, with common areas being the lips, fingers, and face.

At the Cosmetology Clinic of Akash Hospital, we offer advanced vitiligo treatment options, including the Excimer Laser Machine. This machine provides targeted phototherapy, delivering a specific wavelength (308nm) of ultraviolet B radiation to affected areas.



#### Advantages of targeted phototherapy:

- 1. Healthy skin surrounding affected areas is not exposed to radiation.
- 2. Different templates are used for treatment depending on the area.
- 3. A higher dose of radiation can be delivered with reduced cumulative irradiation.
- 4. In some cases, a shorter treatment course is effective.
- 5. It can be used in areas difficult to reach with conventional phototherapy, such as ears and genitals.

Our Cosmetology Clinic offers a wide range of treatment options for vitiligo cases, including various medical and surgical modalities.



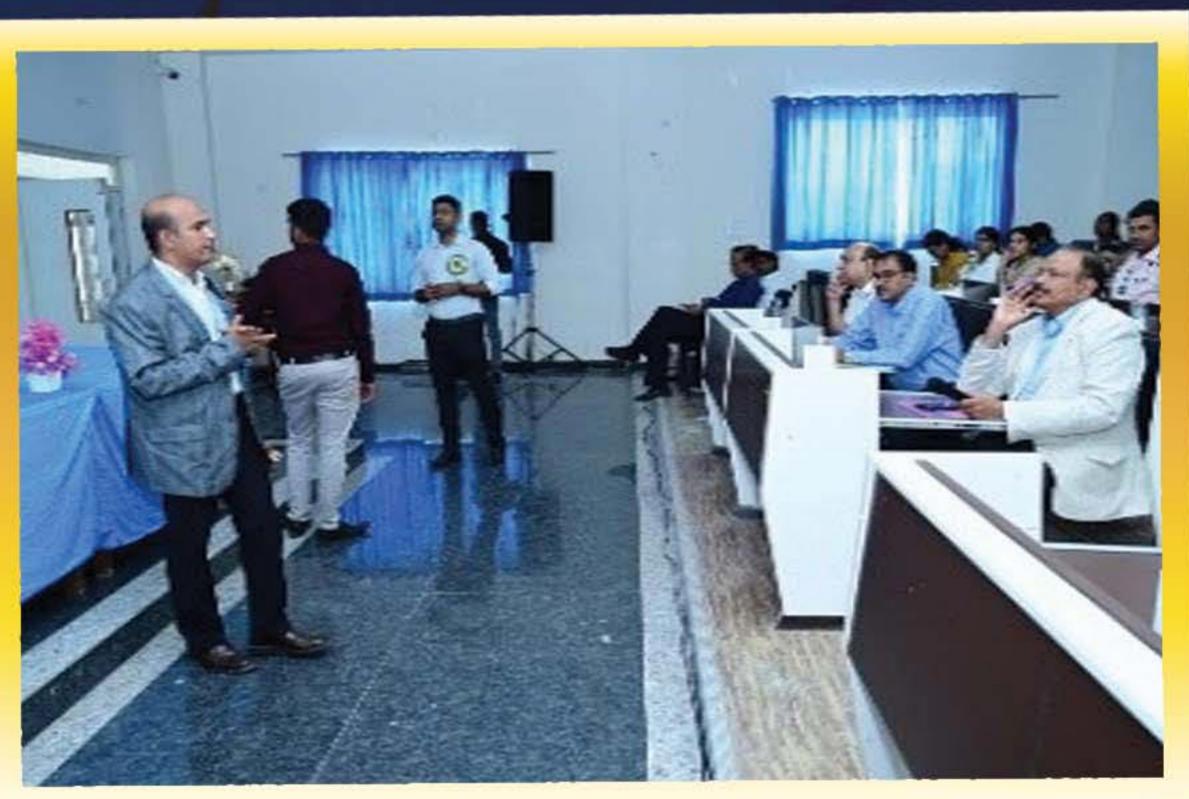


### CME PROGRAMME BY DEPT OF EMERGENCY MEDICINE









An eventful day at Akash Institute of Medical Sciences and Research Centre (AIMSRC). The Department of Emergency Medicine at Akash Hospital, under the guidance of Dr. Abdul Hadi Shareef, conducted a seminar on the 'Essentials and Advances in Emergency Medicine & Critical Care.' This initiative was part of continuing medical education and was graced by Chairperson Mrs. Pushpa Muniraju, Vice President Mr. Amar Gowda, CEO Dr. Naresh Shetty, and Medical Superintendent Dr. Brijesh K.







The event was highly interactive and informative, with valuable insights from speakers to delegates from other medical colleges and hospitals. Special thanks to **Dr. Shailesh Shetty**Shibaroor from Aster Hospital for sharing the latest advancements in the field of emergency medicine and critical care.





### CAMP AT BOTHRA MEDICAL CENTRE BY DEPARTMENT OF ORTHOPAEDICS





A camp was held at **Bothra Medical Centre** by the **Department of Orthopaedics** on 19th August 2023. The Bothra family expressed their gratitude for the support from Akash Hospital. Under the guidance of **Dr. Naresh Shetty, CEO of Akash Hospital, Dr. Rajendra, Associate Professor, Department of Orthopedics,** and the team conducted the camp.









### IAP PAEDIATRIC QUIZ BY DEPARTMENT OF PAEDIATRICS







The IAP Paediatric quiz was conducted by the **Department of Paediatrics on 20/7/2023. Akash Institute of Medical Sciences & Research Center's Dean and Principal inaugurated the program.** The quiz was attended by final year MBBS students





### ORIENTATION PROGRAM ON PHLEBOTOMY AND SAMPLE COLLECTION PROCEDURES BY CENTRAL LAB AT AKASH HOSPITAL



The **Department of Central Laboratory at Akash Hospital** organized an orientation program on **phlebotomy and sample collection procedures,** along with protocols for various lab investigations. This program was designed for nursing staff, interns, and postgraduate students of clinical departments and was conducted in three divided batches on 19/07/2023, 26/07/2023, and 2/08/2023.

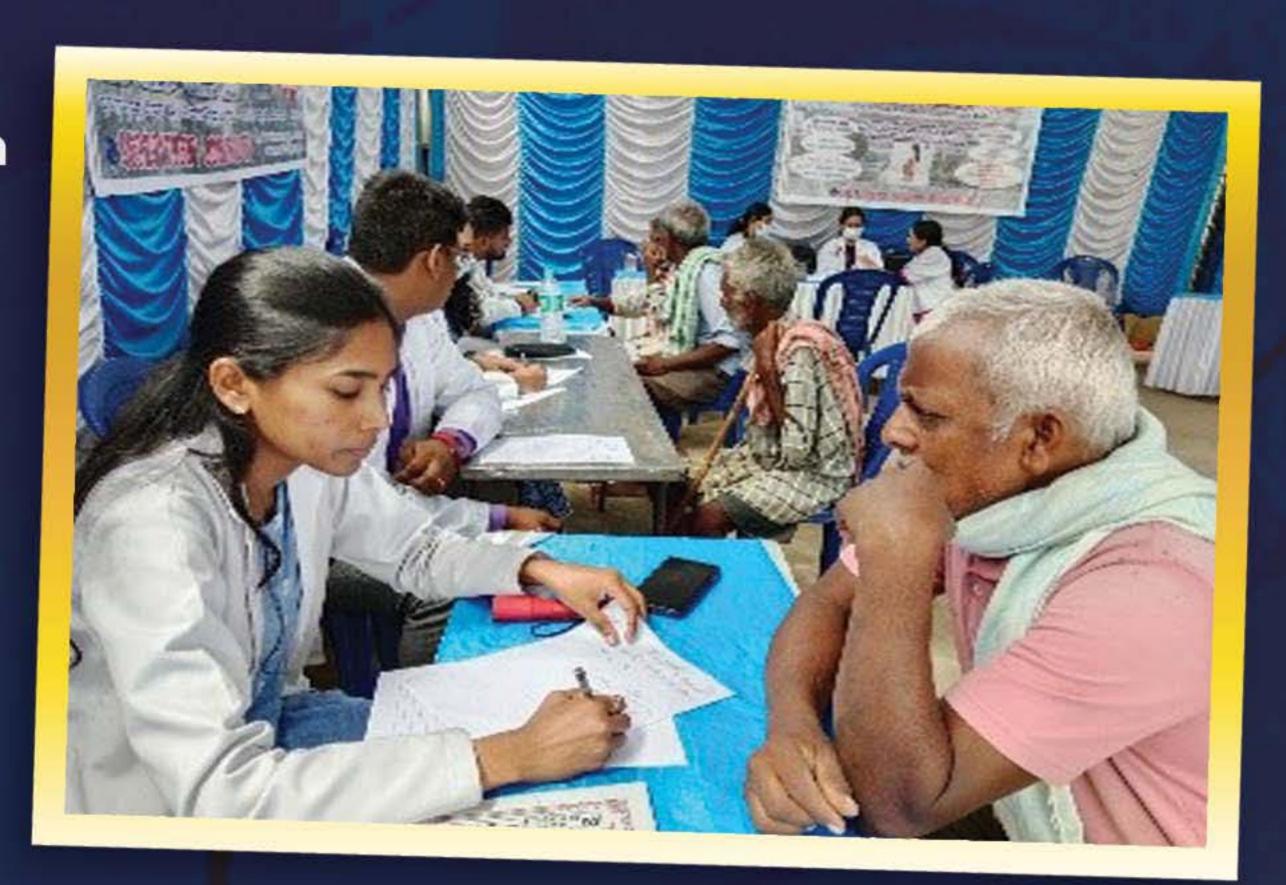
The sessions were led by the faculty of the Department of Microbiology, Pathology, and Biochemistry, with oversight from the Director in charge of the Central Laboratory, Dr. Rashmi, at Akash Hospital.





#### FAMILY ADOPTION PROGRAM BY MBBS STUDENTS OF AIMSRC

In Kundana, the backbone breadwinner of the country, Dr. Sunil Kumar, Head of the Community Medicine Department at Akash Hospital, emphasized the importance of health. He spoke at a free health check-up camp organized by Akash Medical College and Research Centre, in collaboration with the Department of Community Medicine, under the Central Government's Family Adoption program by MBBS students. This event took place on the premises of Muddanayakanahalli Milk Producers Co-operative Society in Hobli on Friday.











Dr. Sunil Kumar explained that, as part of this initiative, villages lacking nearby hospital facilities, such as Karahalli, Bidlur, and Muddanayakanahalli, which are 25 to 30 km away from Devanahalli taluk, have been chosen. In this program, five houses have been assigned to each MBBS student from Akash Hospital. These students will educate the members of these families about health and well-being.

Additionally, Dr. Sunil Kumar mentioned that free health camps will be organized, with check-ups scheduled every six months. Given the onset of the rainy season, residents will also be advised on maintaining cleanliness in the village and taking precautions against diseases like Dengue and Chikungunya.

The Akash Hospital Community Medicine department, led by Dr. Vidya, Dr. Shanti, and Dr. Lakshmi, along with the Marketing Department under the guidance of Mr. Srikanth and his team, organized this impactful camp. The event also saw the presence of Mr. Anjinappa from the Karahalli Gram Panchayat.





### WORLD BREASTFEEDING WEEK BY DEPARTMENT OF PEDIATRICS





The Department of Pediatrics at Akash Institute of Medical Sciences and Research Centre, in association with IAP-BANGLORE BPS, organized an event on 4th August 2023 to commemorate World Breastfeeding Week, celebrated globally from 1st to 7th August 2023. During this event, students from Akash Institute of Physiotherapy performed a skit focused on raising awareness about breastfeeding among working parents. The theme of the event was "Enabling Breastfeeding - Making a difference for working parents."



Professor Dr. Roopa Lokesh, the Principal of Akash College of Physiotherapy, delivered a speech emphasizing the crucial roles of both mothers and fathers in supporting breastfeeding. She highlighted the need to create a supportive environment that enables breastfeeding for the health and well-being of the child.

This collaborative effort between Akash Institute of Physiotherapy and the Department of Pediatrics at Akash Institute of Medical Sciences and Research Centre aimed to promote and support breastfeeding practices.





### BASIC CARE LIFE SUPPORT COURSE AT AKASH INSTITUTE OF PHYSIOTHERAPY







Akash Institute of Physiotherapy conducted a Basic Life Care Support (BCLS) certification course on 27th June 2023. The course was inaugurated by Sri. Muniraju, Chairman of AIMS & RC, and Dr. Shivaprakash N C, Dean & Principal of AIMS & RC. The BCLS course was a flagship project of RGUHS (Rajiv Gandhi University of Health Sciences), and the BCLS team was facilitated by Sri. Muniraju and Prof. Dr. Roopa Lokesh, Principal of Akash Institute of Physiotherapy.

Completing the BCLS course equipped participants with valuable knowledge and practical skills for responding to cardiac emergencies. The comprehensive training covered CPR techniques, **AED (Automated External Defibrillator) usage**, and basic life support algorithms. This training has empowered participants with the confidence to act swiftly and effectively during critical situations. The BCLS certification stands as a testament to their commitment to saving lives and improving the safety of individuals and communities.





#### AIMSRC PROMOTIONS

Congratulations to our faculty members on their promotions:



Dr. Madhuvan H S
Professor & HOD,
General Medicine.



**Dr. Kala K**Professor & HOD, OBG.



Dr. Vidya
Associate Professor,
Community Medicine.



**Dr. Ganesh Babu**Associate Professor,
General Surgery.



**Dr. Mahesh**Professor,
Pulmonology.

#### NEW ADDITIONS TO OUR TEAM

We are pleased to welcome the following staff members as valuable additions to our team:



**Dr. Sreeja Sethumadhavan**Qualifications: MBBS, MD, DNB Microbiology
Position: Professor of Microbiology



**Dr. Satish**Qualifications: MBBS, MD
Position: Professor & HOD of Forensic Medicine

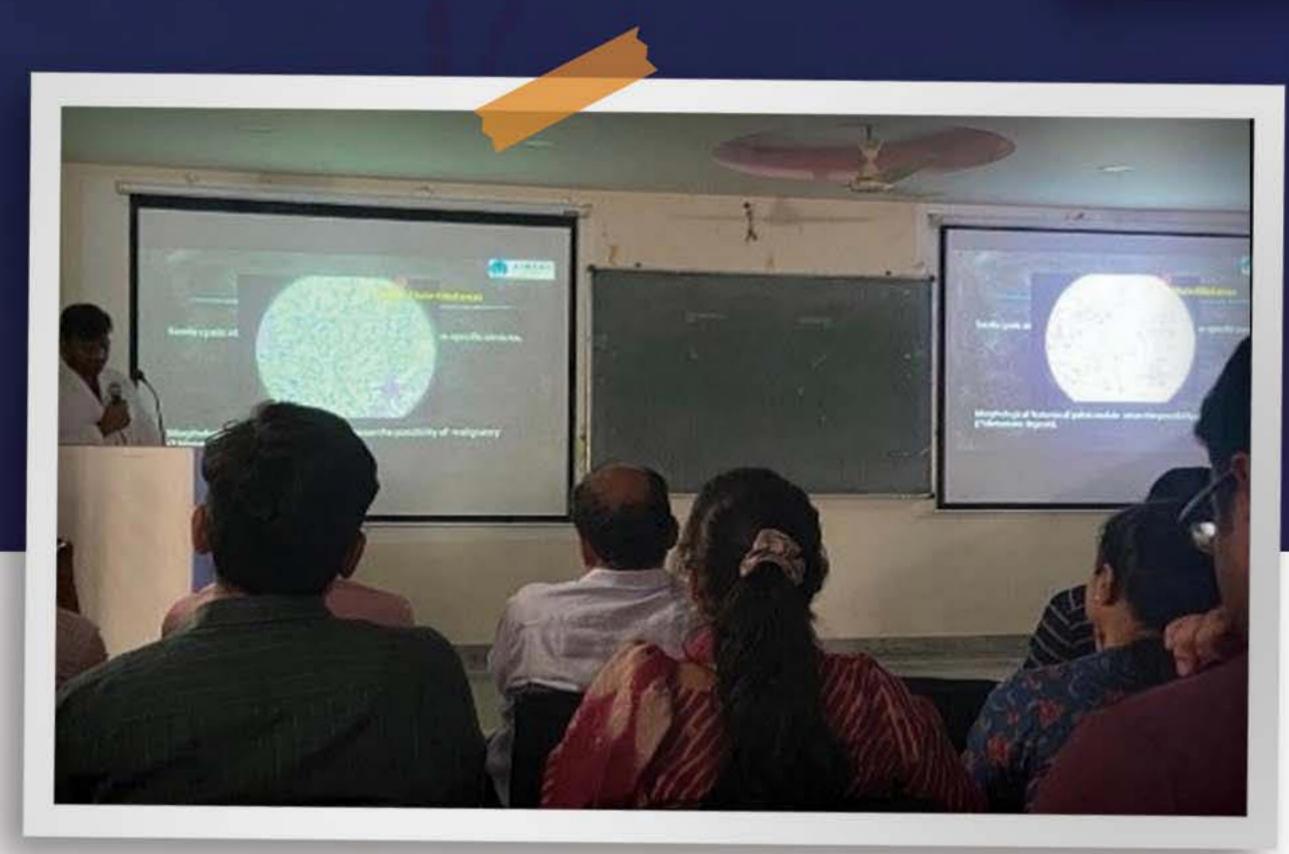




### CLINICAL ORIENTATION PROGRAM BY THE DEPARTMENT OF RADIOLOGY

The Department of Radiology at Akash Medical College and Research Center conducted a clinical orientation program on the 22nd of August. This event brought together experts and professionals to address critical topics in the field.







#### KEY HIGHLIGHTS OF THE PROGRAM:

**Radiation Dose Reduction:** The importance of minimizing radiation exposure was a central theme, emphasizing patient safety and the use of advanced techniques for dose reduction.

Atypical Case Presentations: Attendees were presented with atypical case scenarios, encouraging them to develop problem-solving skills and broaden their diagnostic capabilities.

**Guideline-Based Reporting:** The event stressed the significance of adhering to the latest departmental guidelines for reporting, ensuring accuracy and consistency in diagnostic practices.

The program received enthusiastic participation from guests and earned positive feedback from committee members. It served as a platform for knowledge sharing and enhancing clinical skills in the field of radiology.

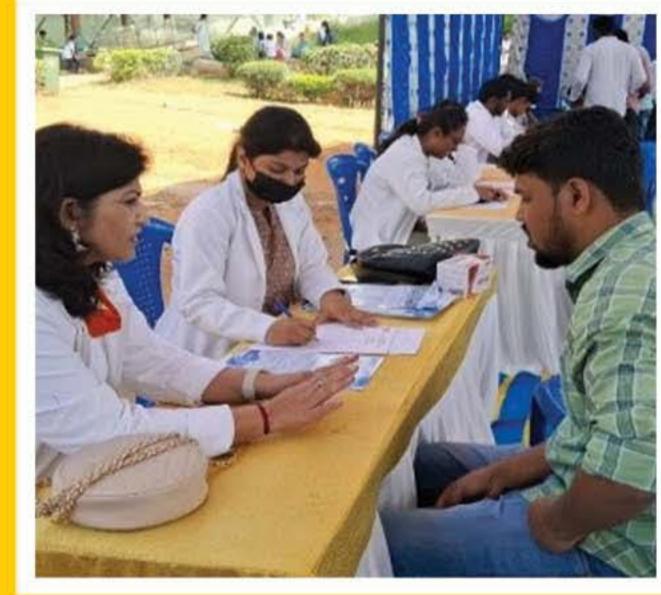




#### GENERAL HEALTH CAMPS IN THE MONTH OF AUGUST

During the month of August, Akash Hospital organized a series of general health camps at various locations. Here are the details:



















- 1. Gagareddyhalli Camp
  - Date: 03/08/23
- 2. Venkatapura Camp
  - Date: 03/08/23
- 3. Nandhi, Chikkaballapura
  - Date: 10/08/23
- 4. Ozone Urbana Residents Camp
  - Date: 15/08/23
  - Date: 31/08/2023

- 5. Nakkanahalli PHC Camp
  - Date: 17/08/23
- 6. Gowribidanur Town Camp
  - Date: 27/08/2023
- 7. Peresandra PHC Camp
  - Date: 29/08/2023
- 8. Thondebavi Camp
  - Date: 31/08/2023

These health camps provided valuable medical services and check-ups to the community, contributing to the well-being of the residents in these areas.





# Laughter is the best Medicine



Patient: Someone decided to

graffiti my house

last night!

Doctor: So why are you felling

me?

Patient: I can't understand the

writing. Was it you?



#### AIMSRC SOCIAL MEDIA LINKS

- https://instagram.com/aimsrc\_blr?utm\_source=qr&igshid= MzNlNGNkZWQ4Mg%3D%3D
- https://www.facebook.com/profile.php?id=100086183705491 &mibextid=ZbWKwL
- https://youtu.be/2FLoG93YhrQ?feature=shared
- https://www.linkedin.com/redir/redirect?url=https%3A%2F%2F www%2Eaimsrc%2Ecom&urlhash=CRPw&trk=about\_website